

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Hunters chicken & potato wedges	Beef Chilli & rice & nacho's	Chicken korma & rice	Roast Gammon with Traditional Accompaniments	Deep Fried Fish with chips
Vegetarian	Pasta pot of the day	Pasta pot of the day	Pasta pot of the day	Pasta pot of the day	Chicken burgers & chips
Vegetables	Jacket Wedges Peas Sweetcorn Baked Beans Mixed Garden Salad	Roasted Vegetables Green Beans Baked Beans Mixed Garden Salad	mashed Potatoes Broccoli Mixed Vegetables Baked Beans Mixed Garden Salad	Roast Potatoes Baton Carrots Savoy Cabbage Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Fresh Salmon and Tuna Pasta Bake	Oven Baked Golden Topped cottage Pie	Chicken korma & rice	Roast chicken with Traditional Accompaniments	Fish and chips Or chicken burgers 7 chips
Vegetarian	Macaroni cheese	Pasta pot of the day	Pasta pot of the day	Pasta pot of the day	Oven Baked Savoury Cheese and Tomato quiche
Vegetables	Spicy Diced Potatoes Broccoli Grilled Tomatoes Baked Beans Mixed Garden Salad	Sweetcorn Garden Peas Baked Beans Mixed Garden Salad	Sliced Carrots Green Beans Baked Beans Mixed Garden Salad	Roast Potatoes Mixed Vegetables Cauliflower Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausages in gravy	Traditionally made spaghetti Bolognese & garlic bread	Chicken korma and rice	Roast pork with Traditional Accompaniments	Deep Fried Fish Or chicken burgers & chips
Vegetarian	Pasta pot of the day	Pastas pot of the day	Tangy Cheddar Cheese and Onion quiche	Pasta pot of the day	Pasta pot of the day
Vegetables	Mash potato Garden Peas Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Roasted Vegetables Green Beans Baked Beans Mixed Garden Salad	Broccoli Baton Carrots Baked Beans Mixed Garden Salad	Roast Potatoes Seasonal Greens Carrots and Peas Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				