

## Work Experience – how to choose a placement?

It can be difficult to choose a work experience placement. Read the following list and tick the boxes that interest you.

Working inside	
Working outside	
Working in an office	
Working with children	
Working with elderly people	
Working with animals	
Working in a team	
Working on your own	
Working with plants	
Helping people	
Working with your hands	
Working in a large company	
Working in a small company	
Using ICT	
Being creative	
Following instructions	
Giving instructions	
Organising events/people	
Listening to others	
Playing sport	
Working in a shop	
Solving problems	
Working with food	

Try to think of at least 3 jobs/companies that fulfil most of your interests. Talk to family and friends, use the internet or see Miss Hinchliffe.

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Please ask Miss Hinchliffe if you need any further help, contacts or ideas. Email [c.hinchliffe@aldevalley.suffolk.sch.uk](mailto:c.hinchliffe@aldevalley.suffolk.sch.uk)