

Key Stage 3	Year 7	Year 8
Careers programme (Benchmark 1)	PSHE lessons Understanding themselves and world of work Developing Career management and employability skills	PSHE lessons Understanding themselves and world of work Developing Career management and employability skills
Career and Labour Market (Benchmark 2)	The Source icanbea... Plotr National Careers Service	The Source icanbea... Plotr National Careers Service
Addressing Individual needs & targeted support (Benchmark 3)	Transition support Crucial Crew Growth Mindset project	Crucial Crew Growth Mindset project
Careers in subject areas (Benchmark 4)	Jobs board in classroom Workshops	Jobs board in classroom Workshops
Encounters with Employers (Benchmark 5)	Employer Talks Input from employer partners Careers Fair Work experience programme in school Employer visits	Employer Talks Input from employer partners Careers Fair Employer visits
Experiences of Workplaces (Benchmark 6)	Workplace visits	Workplace visits
Encounters with Further and Higher Education (Benchmark 7)	Careers Fair UEA outreach	Careers Fair UEA outreach
Personal Careers Guidance (Benchmark 8)	Career Guidance appointments	Career Guidance appointments